

**MC IBD 2025:**  
**Multidisciplinary Approach to Managing IBD and Immune-Mediated  
Inflammatory Diseases (IMIDs) in Preconception and Pregnancy**

**MARCH 29, 2025 | 9:00 AM – 4:00 PM ET**  
**PAN PACIFIC HOTEL, TORONTO, ONTARIO**

**Our expert panelists and speakers include:**

- Dr. Perla Lansang (Dermatology)
- Dr. Natalie Morson (Family Medicine)
- Dr. Carl Laskin (Fertility)
- Dr. Parul Tandon (Gastroenterology)
- Dr. Siwar Albashir (Gastroenterology)
- Dr. Jonathan Ausman (Obstetrics and Gynecology)
- Dr. Cynthia Maxwell (Obstetrics and Gynecology)
- Dr. Pierre-Philippe Piché-Renaud (Pediatrics)
- Dr. Dharini Mahendira (Rheumatology)
- Luxin Ye (Pharmacy)
- Montana Skurka (Patient Perspective)

**Chair: Vivian Huang, MSc, MD, FRCPC**

Associate Professor and Clinician Investigator  
Division of Gastroenterology, University of Toronto  
Director, Preconception and Pregnancy in IBD Clinical Research Program  
Mount Sinai Hospital, Sinai Health System

**REGISTER FOR MC IBD 2025**



*Breakfast and lunch are included  
with your registration.*

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This activity meets the certification criteria of the College of Family Physicians of Canada and has been certified by Continuing Professional Development, Temerty Faculty of Medicine, University of Toronto for up to 5.5 Mainpro+® Certified Activity credits.

**Royal College of Physicians and Surgeons of Canada – Section 1**

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Temerty Faculty of Medicine, University of Toronto. You may claim up to a maximum of 4.0 hours (credits are automatically calculated).

**Royal College of Physicians and Surgeons of Canada Section 3: Self-Assessment**

This activity is an Accredited Self-Assessment Program (Section 3) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Temerty Faculty of Medicine, University of Toronto. You may claim a maximum of 1.5 hours (credits are automatically calculated).



**PRELIMINARY PROGRAM LEARNING OBJECTIVES**

By the end of this program, participants will be able to:

- Discuss the management of inflammatory bowel disease (IBD) and immune-mediated inflammatory diseases (IMIDs) during the preconception and pregnancy time period, with a focus on medications including advanced therapies
- Explain the importance of multidisciplinary care for women with IBD who are planning a pregnancy, who are pregnant, or who are post-partum
- Outline a management approach for women with IBD who are planning a pregnancy, who are pregnant, or who are post-partum, including multidisciplinary and patient-centered care

**AGENDA**

**SATURDAY, MARCH 29, 2025**

8:30 – 9:00 AM Breakfast & registration

**SESSION 1: PRECONCEPTION COUNSELLING IN IBD (Panel Discussion)**

9:00 – 9:10 AM	Welcome & introductions	Chair – Dr. Vivian Huang
9:10 – 10:20 AM	Preconception counselling in IBD: Burden of disease, cultural considerations	<b>Moderator:</b> Chair – Dr. Vivian Huang <b>Panelists:</b> IBD Patient – Montana Skurka                      Fertility Specialist – Dr. Carl Laskin Gastroenterologist – Dr. Parul Tandon        Family Medicine – Dr. Natalie Morson Surgeon – TBA

10:20 – 10:40 AM Morning break and exhibit viewing

**SESSION 2: FLARING PATIENT (Plenary, ultrasound demonstration)**

10:40 – 12:00 PM	Flaring IBD Patient with rheumatological involvement and/or paradoxical psoriasis, incl. monitoring (ultrasound) and pharmacological management	<b>Moderator:</b> Dr. Parul Tandon <b>Panelists:</b> Gastroenterologist – Dr. Siwar Albashir        Rheumatologist – Dr. Dharini Mahendira Gastroenterologist – Dr. Vivian Huang        Dermatologist – Dr. Perla Lansang OB/GYN – Dr. Cynthia Maxwell                  Pharmacist – Luxin Ye
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12:00 – 1:00 PM Lunch & exhibit viewing

**SESSION 3: PREGNANCY, SURGERY, AND DELIVERY PLANNING INCLUDING MONITORING (Case-based workshops in small groups, workshop teach-back)**

1:00 – 2:20 PM	<ul style="list-style-type: none"> <li>• <b>Case 1:</b> Crohn's patient with ileal strictures who is 16 weeks pregnant and having partial obstruction</li> <li>• <b>Case 2:</b> ulcerative colitis patient on a biologic who is flaring</li> </ul>	<b>Facilitators:</b> Gastroenterologist - Dr. Parul Tandon        OB/GYN – Dr. Cynthia Maxwell Gastroenterologist – Dr. Siwar Albashir        OB/GYN- Dr. Jonathan Ausman Gastroenterologist – Dr. Vivian Huang        Family Medicine – Dr. Natalie Morson Surgeon – TBA
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2:20 – 2:40 PM Afternoon break & exhibit viewing

**SESSION 4: PREGNANCY, SURGERY, AND DELIVERY PLANNING (Panel Discussion)**

2:40 – 3:55 PM	Pregnancy, surgery and delivery planning	<b>Moderator:</b> Dr. Vivian Huang <b>Panelists:</b> Gastroenterologist – Dr. Parul Tandon        Pediatric Infectious Disease Specialist – OB/GYN – Dr. Cynthia Maxwell                  Dr. Pierre-Philippe Piché-Renaud Surgeon – TBA
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3:55 – 4:00 PM Closing remarks

**LEARN MORE ABOUT MC IBD  
HERE**

