



# Mount Sinai Hospital

Sinai Health System  
Joseph & Wolf Lebovic  
Health Complex



**MSH IBD Centre**  
600 University Avenue  
Toronto, Ontario, Canada M5G 1X5  
T 416-586-4800 ext 2475  
F **647-360-7781**  
<http://pregnancy.ibdclinic.ca>

## **PRECONCEPTION and PREGNANCY in INFLAMMATORY BOWEL DISEASE Consultation and Research Clinic**

**Please fax referral form to: 647-360-7781 (note new fax #)  
Or email to: Preg.IBD@sinaihealth.ca**

### **REFERRING PHYSICIAN INFO**

NAME: \_\_\_\_\_  
PRAC ID: \_\_\_\_\_  
SPECIALTY: \_\_\_\_\_  
PHONE: ( ) \_\_\_\_\_  
FAX: ( ) \_\_\_\_\_

### **PATIENT INFO**

FIRST NAME: \_\_\_\_\_  
LAST NAME: \_\_\_\_\_  
PHN/OHIP: \_\_\_\_\_ Version: \_\_\_\_\_  
DOB: (DD/MM/YY): \_\_\_\_/\_\_\_\_/\_\_\_\_  
Address: \_\_\_\_\_  
Phone: ( ) \_\_\_\_\_ Email: \_\_\_\_\_

### **REASON FOR REFERRAL**

*(please describe in the free text box, or fill out the check boxes)*

- |   |   |
|---|---|
| <input type="checkbox"/> Education and counseling             | <input type="checkbox"/> Concurrent management throughout pregnancy |
| <input type="checkbox"/> Assistance liaising with OB/GYN, MFM | <input type="checkbox"/> Second opinion or transfer of care         |

### **GESTATIONAL STATUS**

- Pre-conception
- Pregnant     EDD = \_\_\_\_\_  
(DD/MM/YYYY)
- 1<sup>st</sup> trim. = \_\_\_\_ wks
- 2<sup>nd</sup> trim. = \_\_\_\_ wks
- 3<sup>rd</sup> trim. = \_\_\_\_ wks

Is this a multifetal gestation?

- Yes
- No

### **IBD HISTORY**

**Diagnosis**

- Crohn's Disease
- Ulcerative Colitis
- Indeterminate
- Other (e.g. pouch, ileostomy): \_\_\_\_\_

**IBD meds:** \_\_\_\_\_

**FLARING?**     Yes    No    Unsure

**Lab work?**     Hgb: \_\_\_\_\_    CRP: \_\_\_\_\_

**PLEASE ensure to include copies of laboratory tests, investigations, and recent consultations.**

The clinic is open for the referral of patients with IBD who are considering pregnancy or who are pregnant. This is a **concurrent care** consultation and research clinic – patients who have a primary gastroenterologist continue to remain under their care, unless otherwise requested.